

ROE LAKWOOD



Join the fun in Ohio's most walkable city!

Because a healthy city is a better city, Lakewood hosts ten annual community races/walks.

Support from residents, and city & safety officials, makes racing in Lakewood a popular activity.

2011 RaceLakewood Dates/Events*

- 3|26** **Bridges to Recovery**
Lakewood Park
- 4|16** **Eagles on Foot**
St. Edward High School
- 4|23** **The Hermes Cleveland 10-Miler**
Edgewater Park
- 5|1** **Lakewood Hospital Ambulance Chase**
Lakewood Park
- 7|23** **Lakewood Summer Meltdown**
A 7pm race in downtown Lakewood, followed by a post-race street party. Details at DowntownLakewood.org
- 8|13** **Pat Joyce Scholarship Run**
Lakewood Park
- 10|1** **Nature's Bin 5k**
Lakewood Park
- 10|2** **Lakewood Catholic Academy 5k**
Lakewood Park
- 10|30** **Great Pumpkin Run**
Lakewood Park
- 12|3** **Reindeer Run**
Lakewood Park

* Go to HermesCleveland.com for all race information and registrations



Discover Downtown Lakewood.
Come for the race, stay for the experience.



For healthy living tips and advice on how to prepare for a race, visit the Cleveland Clinic web page at: my.clevelandclinic.org/healthy_living